



AFRICAN | INFUSIONS

ENERGY-T

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As with any food crop's *terroir*, the context of the African landscape has a profound impact on the complexity of flavour, aroma and medicinal properties of the plants growing in it.

Drawing on the rich biodiversity and history of traditional healing on the continent, African Infusions sources unique botanical ingredients with traditional use heritages not always known to the Western World, each evoking their own unique African locality.

ENERGY-T

At times of stress this uplifting tea will ensure that your body and your day will not lose their zing. Being naturally low in tannins, this is a remarkably palatable brew which means you can have many cups a day.

- 100% naturally caffeine-free
- Organic

TRADITIONAL USES

The highly aromatic nature of Lemon Bush (*Lippia javanica*) has made it popular for medicinal as well as other purposes. It is used as both a recreational and a medicinal tea. Used as a popular traditional remedy throughout Southern Africa for respiratory problems such as coughs, colds and asthma; to bring down fevers and to treat malaria, it is also known to have been used to address headaches, skin problems and the soothing of sore muscles.*

**This product is not intended to diagnose, treat, cure or prevent any disease.*

TASTE OF THE AFRICAN LANDSCAPE

Lemon Bush has a refreshing taste and aroma that will transport you to the heady days of Spring – the smell of fresh grass being cut and dried in the warm sun. When crushed the leaves give off a strong lemon-like smell.

Like the African landscape it is rich in essential minerals – copper, iron and zinc. Lemon Bush is exceptionally low in tannins, while having



plenty of flavonoids and phenolic compounds that possess anti-oxidant qualities to boost your body's immune system and keep you on the go.

NUTRITION FACTS

Serving size 1 cup brewed tea

Amount per serving

Calories Not established

% Daily Value

All Herbal Ingredients:

Organic *Lippia javanica* herb

1500mg**

** Daily Value (DV) not established

Manufactured for African Infusions by:

Parceval Pty Ltd

38B Lady Loch Road

Wellington 7655

SOUTH AFRICA

Facility certified by CERES and registered with SAHPRA

Organic *Lippia javanica* certified by CERES



RECOMMENDATIONS

Use by children, pregnant women or lactating mothers is not recommended.

Best stored under cool and dry conditions.

For more information see www.african-infusions.com or feel free to contact us at info@african-infusions.com