



AFRICAN | INFUSIONS

REVIVE-T

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As with any food crop's *terroir*, the context of the African landscape has a profound impact on the complexity of flavour, aroma and medicinal properties of the plants growing in it.

Drawing on the rich biodiversity and history of traditional healing on the continent, African Infusions sources unique botanical ingredients with traditional use heritages not always known to the Western World, each evoking their own unique African locality.

REVIVE-T

Can be enjoyed by both men and women, but its ingredients are known to bring natural relief from menstrual cramps and bloating, as well as from infections.*

- 100% naturally caffeine-free
- Organic

TRADITIONAL USES

Resurrection Bush has been used in many African cultures as a cold remedy, also for influenza, mastitis, backache, kidney disorders, haemorrhoids, abdominal pain and to lower blood pressure. It was prescribed at times of depression and grief, as a spiritual symbol to raise spirits and revive hope in the future. The primary anti-oxidant (3,4,5-Tri-O-galloylquinic acid) is responsible for protecting the Resurrection Bush from dehydration giving the plant the ability to rejuvenate with the start of the rains – and thus its spiritual symbolism. This and other components help to protect cells against free radicals and combat inflammation.*

Honeybush's use as a health tea by the San and Khoi-Khoi is presumed to stretch back many centuries with its introduction to the Western world taking place in the 1700's. Traditionally Honeybush has been used to treat coughs, aid stomach digestion and to alleviate heartburn and nausea. Honeybush is rich with anti-oxidants and xanthenes, most notably mangiferin, which is associated with various health benefits, including anti-microbial, anti-allergic, anti-inflammatory, analgesic and immune-modulatory properties.*

Buchu is a well-known African herb that appears in African folklore, with its strong fragrance being associated with potency. Buchu was used in healing dances, the smoke of the plant being wafted onto the participants. Traditional uses also include the treatment of wounds, various chest ailments, kidney and bladder-related problems, stomach complaints and as an everyday tonic. Buchu is rich in the flavonoids diosmin, hesperidin, quercetin and rutin – all which have protective and disease preventative properties.*

**This product is not intended to diagnose, treat, cure or prevent any disease.*



TASTE OF THE AFRICAN LANDSCAPE

Resurrection Bush has a pleasant alpine scent with a slight mint top note and camphor undertones, evoking the African brush in the early morning, heavy with dew and promise. Honeybush has a pleasant sweet aroma, like sunshine days under African blue skies whilst Buchu is spicy, fruity and rich, the complexity of which transports you to a souk on a sultry African night. Added together this tea takes on a blackcurrant nose with an aromatic and sweet taste that indulges the senses.

This infusion is packed with immune-boosting properties and can be enjoyed on its own or sweetened slightly with honey – it also tastes amazing as an iced tea.

NUTRITION FACTS

Serving size	1 cup brewed tea
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Amount per serving	
Calories	Not established
	% Daily Value
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All Herbal Ingredients:	
Organic <i>Myrothamnus flabellifolius</i> herb	1160mg**
Organic fermented <i>Cyclopia genistoides</i> herb	740mg**
Organic <i>Agathosma betulina</i> herb	100mg**

** Daily Value (DV) not established

Manufactured for African Infusions by:
Parceval Pty Ltd
38B Lady Loch Road
Wellington 7655
SOUTH AFRICA



Facility certified by CERES and registered with SAHPRA
Organic *Myrothamnus flabellifolius* certified by EcoCERT
Organic *Cyclopia genistoides* and *Agathosma betulina* certified by CERES

RECOMMENDATIONS

Use by children, pregnant women or lactating mothers is not recommended.
Best stored under cool and dry conditions.

For more information see www.african-infusions.com or feel free to contact us at info@african-infusions.com