



AFRICAN | INFUSIONS

REVIVE-T HERBAL TEA

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As with any food crop's *terroir*, the context of the African landscape has a profound impact on the complexity of flavour, aroma and medicinal properties of the plants growing in it.

Drawing on the rich biodiversity and history of traditional healing on the continent, African Infusions sources unique botanical ingredients with traditional use heritages not always known to the Western World, each evoking their own unique African locality.

REVIVE-T HERBAL TEA

Revive-T herbal tea has a blackcurrant nose with an aromatic and sweet honey-like flavour that indulges the senses. It is also packed with immune-boosting properties.*

- 100% naturally caffeine-free
- Organic

TRADITIONAL USES

Resurrection Bush (*Myrothamnus flabellifolius*) has been used in many African cultures as a cold remedy, also for influenza, mastitis, backache, kidney disorders, haemorrhoids, abdominal pain and to lower blood pressure. It was prescribed at times of depression and grief, as a spiritual symbol to raise spirits and revive hope in the future. The primary anti-oxidant (3,4,5-Tri-O-galloylquinic acid) is responsible for protecting the plant from dehydration giving it the ability to rejuvenate with the start of the rains – and thus its spiritual symbolism. This and other components help to protect cells against free radicals and combat inflammation.*

Honeybush's (*Cyclopia spp*) use as a health tea by the San and Khoi-Khoi is presumed to stretch back many centuries with its introduction to the Western world taking place in the 1700's. Traditionally Honeybush has been used to treat coughs, aid stomach digestion and to alleviate heartburn and nausea. Honeybush is rich in anti-oxidants and xanthenes, most notably mangiferin, which is associated with various health benefits, including anti-microbial, anti-allergic, anti-inflammatory, analgesic and immune-modulatory properties.*

Buchu (*Agathosma spp*) is a well-known African herb that appears in African folklore, with its strong fragrance being associated with potency. Buchu was used in healing dances, the smoke of the plant being wafted onto the participants. Traditional uses also include the treatment of wounds, various chest ailments, kidney and bladder-related problems, stomach complaints and as an everyday tonic. Buchu is rich in the flavonoids diosmin, hesperidin, quercetin and rutin – all of which have protective and disease preventative properties.*



TASTE OF THE AFRICAN LANDSCAPE

Blackberry-fragrant flavour, invigorating.

This infusion can be enjoyed unsweetened or sweetened - by both men and women - but its ingredients are known to bring natural relief from cramps and bloating, as well as from bladder infections.* It tastes amazing as an iced tea!

*These statements have not been evaluated by SAHPRA and this product is not intended to diagnose, treat, cure or prevent any disease.

NUTRITION FACTS

20 servings per container

Serving size 1 cup brewed tea

Amount per serving

Calories Not established

% Daily Value

All Herbal Ingredients:

Organic *Myrothamnus flabellifolius* herb 1160mg**

Organic fermented *Cyclopia genistoides* herb 740mg**

Organic *Agathosma betulina* herb 100mg**

** Daily Value (DV) not established

Manufactured for African Infusions by:

Parceval Pty Ltd

38B Lady Loch Road

Wellington 7655

SOUTH AFRICA



Facility certified by CERES and registered with SAHPRA

Organic *Myrothamnus flabellifolius* certified by EcoCERT

Organic *Cyclopia genistoides* and *Agathosma betulina* certified by CERES

RECOMMENDATIONS

Use by children, pregnant women or lactating mothers is not recommended.

Best stored under cool and dry conditions.

For more information see www.african-infusions.com or feel free to contact us at info@african-infusions.com